

Mental Health

Mission Community Services Society (MCSS):

☎ : 604-826-3634

✉ : settlement@missionmcss.com

📍 : 33179 2nd Avenue

Details: Free counselling or on a sliding scale

SARA for Women

☎ : 604-820-8455

🌐 : saraforwomen.ca

Mission Mental Health and Substance Use Centre

☎ : 604-814-5601

📍 : 7298 Hurd Street

Details: Self-referral mental health services for people 19+ with substance use

To search for mental health resources:

www.bcacc.ca/counsellors

www.ccpa-accp.ca/find-a-canadian-certified-counsellor

Employment

Work BC

☎ : 778-314-1042

📍 : 209 - 7336 Hurd Street

Offer personalized employment support and resources

Triangle Resources

☎ : 604-814-0052

📍 : 33163 2nd Avenue

Where to Find Employment Opportunities:

Indeed.ca

BCJobs.ca



Housing

Learn about Renting in Canada

Tenants.bc.ca

Rentingitright.ca

Where to Find Rentals

[Facebook Marketplace](https://www.facebook.com/marketplace)

RentalsforNewcomers.com

Rew.ca

RentBoard.ca

Liv.rent

Abbotsford.Craigslist.org

Rentals.ca

*Go to FVRefugees.ca
to access more
resources*

Funded by / Financé par:



English

Welcome to Mission

A Resource Guide for
refugees and displaced
Ukrainians:

- Housing
- Healthcare
- Employment



Dental Services

All registered with IFHP

BridgeView Dental Health Clinic

☎ : 604-826-6100

✉ : bridgeviewdentalclinic@hotmail.com

📍 : 2 - 32243 Hurd Street

Languages spoken: English, Punjabi, Mandarin, and Cantonese

Gateway Dental

☎ : 604-826-3626

📍 : 114 - 32423 Lougheed Hwy



Pharmacies

All registered with IFHP

London Drugs

☎ : 604-820-5115

📍 : 200 - 32555 London Avenue

Save-on-Foods & Drugs

☎ : 604-820-7622

📍 : 400 - 32555 London Avenue

Freshco Pharmacy

☎ : 604-826-5398

📍 : 32520 Lougheed Hwy

Shoppers Drug Mart

☎ : 604-826-1244

📍 : 206 - 32530 Lougheed Hwy

Eye Care

Vision West Doctors of Optometry

Registered with IFHP - call ahead to confirm

☎ : 778-819-1853

📍 : 32136 Lougheed Hwy

Mission Eye Clinic

MSP only

☎ : 604-826-0010

📍 : A - 32757 Logan Avenue

Community Resources

Mission School District Office

☎ : 604-826-6286

✉ : info.sd75@mpsd.com

📍 : 33046 4th Avenue

Mission Library

☎ : 604-826-6610

📍 : 33247 2nd Avenue

Mission Leisure Centre

☎ : 604-820-5350

📍 : 7650 Grand Street

Health Care

Walk-in Clinic

Mission Hills Medical Clinic *MSP only

☎ : 604-826-7751

✉ : missionhillsmedical@gmail.com

📍 : 107 - 32371 Lougheed Hwy

🕒 : M-F 8-5 - Call to confirm hours

Connect with a settlement worker at Mission Community Services Society to complete a form to help access healthcare

Family Doctors & Nurse Practitioners

It can be difficult to find a family doctor.

Access the waitlist at the link below:
Mission.FetchBC.ca/PatientRegistry/Find-Doctor.html

Search for IFHP providers in your area at:

IFHP.MedavieBC.ca/en/Providers-Search

Want a Virtual Care appointment in your own language? Call 1-800-314-0999

Need medical advice? Call 8-1-1

Experiencing an emergency? Call 9-11

Disclaimer: A clinic may be registered with IFHP, but it does not guarantee they will accept it. Contact clinic directly to inquire.